



RABBI'S MEDITATION WALK...A CONTINUING PROGRAM

OCT 28 @ 9:00 AM

**GREEN CAY NATURE CENTER
12800 HAGEN RANCH RD,
BOYNTON BEACH, FL 33437**

**WE WILL SPEND ABOUT AN HOUR
TOGETHER ON A MEDITATION WALK
THROUGH THE NATURE CENTER ♦
I WILL PROVIDE YOU WITH SOME TEXTS &
PROMPTS TO MEDITATE ON ♦ YOU ARE
WELCOME TO WALK IN SILENCE OR IN
QUIET CONTEMPLATION—WITH OR
WITHOUT OTHERS ♦ BRING COMFY SHOES
& AN OPEN MIND ♦ I'LL TAKE CARE OF
EVERYTHING ELSE- RABBI FRATELLO**